

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ryno Nel

Has successfully participated & completed the

5km Cowhouse Valentines Night Run

held at Cowhouse Market.

TIME 00:25:21

PACE 05:03/km

OVERALL 3 of 75

GENDER 2 of 33

OPEN 2 of 19

16 February 2018, Fri

Date



BoutTime

Signature